

# Child Development: An Annotated Bibliography

A selected listing of titles available on this topic from the  
Early Childhood Training Center's Media Center



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## NDE Early Childhood Training Center

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# Books

**Ages and Stages, revised.** Karen Miller. (2001). Chelsea, MA: Telshare Publishing Co. This book focuses on developmental stages and behaviors from birth to age eight, covering emotional, social, and physical milestones as well as age-appropriate language, music, and art activities.

**Building the Bonds of Human Attachment: Awakening Love in Deeply Troubled Children, 2<sup>nd</sup> ed.** Daniel A. Hughes. (2006). Lanham, MD: Jason Aronson Publishing. *Building the Bonds of Attachment* is the second edition of a critically and professionally acclaimed book for social workers, therapists, and parents who strive to assist poorly attached children. This work is a narrative, composite case study of the developmental course of one child following years of abuse and neglect. The book provides a practical guide for all adults—whether professionals or parents—who endeavor to help high-risk youth.

**The Complete Learning Spaces Book for Infants and Toddlers.** Rebecca Isbell. (2003). Beltsville, MD: Gryphon House. *The Complete Learning Spaces Book for Infants and Toddlers* is designed to help busy teachers meet the challenges of creating an effective learning environment for very young children. It includes ideas for planning, using, and evaluating learning spaces that will captivate infants and toddlers and encourage the developmental process.

**The Complete Resource Book: An Early Childhood Curriculum.** Pam Schiller. (2005). Beltsville, MD: Gryphon House. This book includes hundreds of experiences and activities that maximize learning and development in the areas of language, physical, social-emotional, and cognitive growth. The activities can be used individually or grouped together to focus on developing a specific skill. The index is chock-full of songs, rhymes, recipes, sign language, recommended books and toys, and family connection resources.

**The Complete Resource Book for Infants.** Pam Schiller. (2005). Beltsville, MD: Gryphon House. This book includes hundreds of experiences and activities that maximize learning and development in the areas of language, physical, social-emotional, and cognitive growth. The activities can be used individually or grouped together to focus on developing a specific skill. The index is chock-full of songs, rhymes, recipes, sign language, recommended books and toys, and family connection resources.

**The Complete Resource Book for Toddlers and Twos.** Pam Schiller. (2003). Beltsville, MD: Gryphon House. This book includes over 2,000 ideas and activities just right for toddlers and twos. The activities contained are intended to enrich language skills, cognitive development, social-emotional development, and physical development. Children explore a variety of skills and concepts through stories, music, art, and more. A detailed appendix offers easy reference to helpful tools such as flannel board patterns, sign language illustrations, puppet patterns, and an assessment instrument.

**Emotional Intelligence.** Daniel Goleman. (1995). New York: Bantam Books. *Emotional intelligence* includes self-awareness and impulse control, persistence, zeal and self-motivation, empathy and social deftness. The author shows how emotional intelligence can be nurtured and strengthened during the window of opportunity in childhood, and in all of us.

**Essential Touch: Meeting the Needs of Young Children.** Frances Carlson. (2006). Washington, DC: National Association for the Education of Young Children. Some early childhood programs have adopted no-touch policies, and others allow only a minimal level of physical contact between teachers and children. Yet touch is as necessary as food or water for young children to thrive and grow physically, cognitively, socially, and emotionally. Experiences of touch in all its forms—whether nurturing touch from adults, tactile explorations of the environment, or physical interactions with peers—are essential to high-quality early care and education. From this book, practitioners will learn just why touch is essential in young children’s development and how it can be incorporated safely in early childhood settings, from the infant program to the primary classroom.

**Essentials for Child Development Associates Working with Young Children, 2<sup>nd</sup> ed.** Carol Brunson Day, (Ed.). (2004). Washington, DC: Council for Professional Recognition. *Essentials* is a comprehensive curriculum for the preparation of Child Development Associates. It is designed to prepare preschool teachers and caregivers with the knowledge and skills they will need to help children master skills, develop friendships, grow in self-regulation, and move them to new levels of thinking and understanding about themselves and the world. The Essentials curriculum forms the core of a model one-year professional preparation program for CDAs developed by the Council for Professional Recognition.

**From Neurons to Neighborhoods.** Jack P. Shonkoff and Deborah Phillips (Eds.). (2000). Washington, DC: National Academy Press. From the moment of conception to the initial, tentative step into a kindergarten classroom, early childhood development takes place at a rate that exceeds any other stage of life. This book issues a series of challenges to decision makers regarding the balance of work and family life, issues of racial and ethnic diversity, the integration of children’s cognitive and emotional development, and more.

**The Irreducible Needs to Children: What Every Child Must Have to Grow, Learn, and Flourish.** T. Berry Brazelton and Stanley Greenspan. (2000). Cambridge, MA: Perseus Publishing. Cutting through theories, platitudes, and controversies that abound in child care advice, the authors lay out the seven irreducible needs of any child in any society.

**Nurture the Nature: Understanding and Supporting Your Child’s Unique Core Personality.** Michael Gurian. (2007). San Francisco, CA: John Wiley and Sons. Based on recent brain research, this book features ten tips for nurturing the nature of your baby, self-tests, checklists, and many other tools for you to help your kids get exactly the kind of support they need, from infancy to adolescence. While offering positive ideas for nurturing your child, the author also shows how to avoid the stress, pressures, and excessive competition of what he identifies as social trends parenting.

**Observing and Understanding Child Development: A Child Study Manual.** Deb Ahola and Abbe Kovacik. (2007). Clifton Park, NY: Thomas Delmar Learning. This text designed to help students and practitioners alike learn how to gather and interpret data to gain insight into child development. It covers observation, developmental domains including patterns of development, child development theory, and communication. It features a unique and vitally important chapter on art, music, and movement development, and covers children with special needs children in every chapter.

**Piaget for Beginners.** Adriani Serulnikov. (2000). New York: Writers and Readers Publishing, Inc. *Piaget for Beginners* investigates the key moments of the scientist's life, which are also landmarks in his own personal and professional development. The author describes principal ideas behind his theory with straightforward clarity.

**See How They Grow: Infants and Toddlers.** Sue Martin and Jennifer Berki. (2007). Clifton Park, NJ: Thomas Delmar Learning. *See How They Grow* is a book that offers an overview of the growth and development of infants and toddlers from the neonate stage through the age of three. There is special emphasis on the phenomenological approach combined with the scientific methodology, thus allowing the caregiver to achieve a level of improved competence, becoming reflective practitioners.

**Social and Emotional Development: Connecting Science and Practice in Early Childhood Settings.** Dave Riley, Robert R. San Juan, Joan Klinkner, and Ann Ramminger. (2008). St. Paul, MN: Redleaf Press. Find out what the research says about common early childhood program practices, such as playing "Simon Says" or holding children while feeding them—time-tested activities you intuitively know help young children. *Social and Emotional Development* explores the effectiveness of these early learning tools and helps answer the question, "Why do we do what we do?" Children in child care centers often spend large chunks of time on activities without an obvious academic component, such as learning to dance to different tempos. Research shows, however, that these activities promote children's social and emotional development. This practical and accessible book explains the research behind many common, wise early childhood practices, as well as the shortcomings of others.

**Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget, and Vygotsky.** Carol Garhart Mooney. (2000). St. Paul, MN: Redleaf Press. Find solutions and guidance in your classroom today by learning about the theoretical foundations of early childhood care. *Theories of Childhood* examines the work of five groundbreaking education theorists in relation to early childhood.

**Touchpoints: The Essential Reference.** T. Berry Brazelton. (1992). Reading, MA: Addison Wesley Publishing Company. This book addresses children's behavior, feelings, and development from pregnancy to first grade in the context of Dr. Brazelton's "Touchpoints" concept.

**Touchpoints Three to Six.** T. Berry Brazelton and Joshua Sparrow. (2001). Cambridge, MA: Da Capo Press. *Touchpoints Three to Six* shows parents how to apply Dr. Brazelton's internationally renowned approach to the "magic" years—from preschool through first grade. Together with child psychiatrist Joshua Sparrow, he interprets the desires, fears, struggles, dreams, and triumphs of these years with great empathy and humor, while also showing his characteristic compassion for the parents' point of view.

**Understanding Infant Development.** Margaret B. Puckett and Janet K. Black. (2007). St. Paul, MN: Redleaf Press. *Understanding Infant Development* is one in a series of three practical, easy-to-read child development handbooks adapted from *The Young Child*, a textbook used in academic programs nationwide. Written for child care providers in any setting, each book focuses on a specific age group and provides a complete overview of key theories and research on child development.

**Understanding Preschooler Development.** Margaret B. Puckett and Janet K. Black. (2007). St. Paul, MN: Redleaf Press. *Understanding Preschooler Development* is one in a series of three practical, easy-to-

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read child development handbooks adapted from *The Young Child*, a textbook used in academic programs nationwide. Written for child care providers in any setting, each book focuses on a specific age group and provides a complete overview of key theories and research on child development.

**Understanding Toddler Development.** Margaret B. Puckett and Janet K. Black. (2007). St. Paul, MN: Redleaf Press. *Understanding Toddler Development* is one in a series of three practical, easy-to-read child development handbooks adapted from *The Young Child*, a textbook used in academic programs nationwide. Written for child care providers in any setting, each book focuses on a specific age group and provides a complete overview of key theories and research on child development.

**What Kids Need: Today's Best Ideas for Nurturing, Teaching, and Protecting Young Children.** Rima Shore. (2002). Boston: Beacon Press, Boston. Drawing on a decade of research by top experts on children up to the age of ten, *What Kids Need* challenges the belief that early risk factors and problems severely constrain a child's life changes. This groundbreaking and encouraging book explores the range of effective parenting techniques and social supports, programs, and policies that really work.

## DVDs

**Better Kid Care: See as a Child, Feel as a Child.** Why do children act the way they do? Take a look at common practices through a child's eyes. The DVD will help adults to get a better understanding of where the child is coming from to help the ways they relate to each other. University Park, PA: Pennsylvania State University. 75 minutes, 2004.

**Better Kid Care: Taking a New Look at Dramatic Play.** This video provides ideas to help dramatic play happen, ways to include a child who is left out of play, and ages and stages in dramatic play. University Park, PA: Pennsylvania State University. 90 minutes, 2000.

**Childhood.** This set of seven programs on four DVDs presents an insightful and richly textured look at the influences that shape us as individuals and as members of the families and societies in which we are raised. Childhood is considered from personal, scientific, historical, and cultural perspectives through 12 families on 5 continents. Produced and distributed by New York: Ambrose Video Publishing, Inc. 1991. Each program is 57 minutes in length.

### DVD #1:

**Great Expectations.** One of the major themes of the Childhood series is introduced and explored--the mutual influence and importance of both nature and nurture, the ongoing interaction of time, place, and biology. Highlights of the premiere program include witnessing three births--in Russia, America, and Brazil, to show how different societies approach this universal, yet unique, experience.

### DVD #2:

**Louder than Words.** The roots of personality, present from birth, are examined. Explores how parents' expectations and actions shape a child's behavior and character.

**Love's Labors.** This video explores the fascinating period between 6 months and 3 years. We discover how babies and infants are not powerless but are instead active participants in a world they affect and change almost from birth.

**DVD#4:**

**Among Equals.** This video explores the importance of peer relationships as a crucial component of development. We see how boys usually play in distinctive ways with boys and girls with girls.

**The House of Tomorrow.** This video, the last of the series, looks at the emotional and physical transformations that characterize puberty and adolescence, and how that change is marked in various cultures.

**Flexible, Fearful, or Feisty: The Different Temperaments of Infants and Toddlers.** This video explores various temperamental styles of infants and toddlers identified in research by Drs. Stella Chase and Alexander Thomas. Available in English and Spanish. San Francisco: WestEd. 29 minutes, 1988.

**I Am Your Child: Why Early Childhood Matters.** Our country's leaders in government, business, crime prevention, and academia voice their commitment to our nation's youngest children and emphasize the crucial need for increased investments in early childhood. Culver City: CA, Parents Action for Children (formerly I Am Your Child). 10 minutes, 2005.

**I Am Your Child: Ready to Learn.** This DVD is hosted by Jamie Lee Curtis and LeVar Burton in English and by Edward James Olmos in Spanish. The video provides parents and caregivers with information on how to foster a young child's language and literacy development beginning at birth and continuing through the preschool years. Also available in Spanish under the title, "Soy Tu Hijo: Listos para Aprender." Culver City: CA, Parents Action for Children (formerly I Am Your Child). 24 minutes, 2000.

**I Am Your Child: Your Healthy Baby.** In order to give a child a healthy start in life, parents and caregivers need the most up-to-date information on children's health and nutrition issues. In this video, Phylicia Rashad delivers expert advice on how parents can help their children establish healthy habits, with information on how to maintain good health during pregnancy; bottle-feeding versus breast-feeding; when you and your child should visit the doctor; what foods to feed your child and when; and the importance of exercise. Also available in Spanish under the title, "Soy Tu Hijo: Su Bebe Saludable." Culver City: CA, Parents Action for Children (formerly I Am Your Child). 24 minutes, 2000.

**The Power of Play with Marjorie Kostelnik.** Dr.Kostelnik talks about the importance of play in the development of young children. Recorded at the *Ready to Make a Difference* conference, held in Omaha on January 24, 2008.

**Touchpoints: Understanding Your Child's Development.** All three programs of the *Touchpoints* series are on this DVD: Pregnancy, Birth and the First Weeks of Life; The First Month through the First Year; and One Year through Toddlerhood. East Hampton, NY: Touchpointsdvd.com. 132 minutes, 1991.

**TrainerVision Video Resource Library: Language and Literacy—Focus on Toddlers.** This DVD presents 10 clips that show adults supporting emerging language and literacy in toddlers. They feature toddlers with professionals in child care, Early Head Start and early intervention settings, and with parents at home. Beaverton, OR: Educational Productions. 36 minutes, 2004.

## *Spanish Language Material*

### Books

**Criando Bebes Fantásticos: Una guía para el cuidado y apoyo del desarrollo de tu bebe,** Linda Elliott, Great Kids, Inc. 2001. Esta cuadernillo es una guía destinada a apoyarte en el cuidado de tu bebe durante los próximos seis meses. También disponible en inglés. This booklet is designed to support parents in the care of their baby during the first six months of life.

### Videotapes

**¡1, 2, 3, 4 Padres! Cassette 1: Que Necesita Saber Sobre Su Hijo de Entre 1 y 4 Años.** Aprenda sobre las cuatro distintas edades y etapas de desarrollo por las que pasan todos los niños y vea como potenciar su aprendizaje durante cada un de estas etapas. Aprenda sobre los tres distintos estilos de ser padre y descubra como empezar a construir un lazo duradero con su hijo. Active Parenting Publishers, 2001, 18 minutos.

**Empieza Con Amor/Begin with Love** presentado por Cristina Saralegui, se concentra en tu relación con tu bebe durante sus primeros 3 meses de vida. El video, basado en las más recientes investigaciones sobre el desarrollo infantil, recalca cinco normas generales que ayudaran a los nuevos padres a crear un ambiente sensible y enriquecedor para su bebe-la clave para ayudarlo a aprender sobre su nuevo mundo. "Empieza con amor" cuenta con la participación de la doctora Alicia Lieberman, un fabuloso grupo de nuevos padres y el estreno mundial de la canción de Raffi titulada "Blessed Be." Llegara a mas de 3.6 millones de nuevos padres este ano, a través de The Baby Talk, un estuche para nuevos padres distribuido por First Moments, Inc. Chicago: Civitas Initiative. 30 minutes, 2000.

**Flexible, temeroso ó agresivo: Los diferentes temperamentos de la niñez/Flexible, Fearful, or Feisty: The Different Temperaments of Infants and Toddlers.** Este video explora diferentes estilos de temperamentos de la niñez, identificados por los estudio de los doctores Stella Chase y Alexander Thomas; Nueve características fueron agrupadas en tres estilos de temperamentos como (flexible, temeroso y agresivo). Estas técnicas fueron de acuerdo con los diferentes temperamentos de los niños en grupos. Recomendado para proveedores del cuidado, educadores y estudiantes en general. Produced by WestEd and the California State Department of Education.

**Mi libro sobre el crecimiento: Todo sobre el crecimiento y desarrollo de los niños de tres años/My Growing Book: All About Growth and Development for 3-Year-Olds.** La mente de los niños de 3 años siempre están cambiando, un día quieren dormir y el siguiente día no quieren hacerlo. Este video ayuda a los padres a entender que esta conducta es un proceso del desarrollo y no es por siempre, también se comenta y entrena para ayudarlos a ir al baño, que tienen que compartir con los demás,

hacer lugares de juegos, y la expresión del enojo. Este paquete de información ayudará a los padres a tranquilizar su preocupación en el crecimiento y desarrollo de sus hijos. Recomendado para los padres. Disponible en inglés y español.

**Mi libro sobre el crecimiento: Todo sobre el crecimiento y desarrollo de los niños de cuatro años. (My Growing Book: All About Growth and Development for 4-Year-Olds).** ¿Bienvenido al mundo de los 4 años de edad y del Por qué? Es la palabra que frecuentemente se estará preguntando su hijo, pues es un niño independiente y mandón. Este programa muestra el aumento del juicio en un niño de esta edad, con ejemplos en el progreso de áreas sociales, emocionales, de movimiento y lenguaje, también se proporciona al público la guía de la disciplina y actividades para ayudar a estimular el desarrollo, ayudando al programa y los padres a ver a sus hijos de una forma diferente y entender más cuando pregunten "los porqués" en esta conducta de los 4 años. Recomendado para los padres. Disponible en inglés y español.

**Soy tu hijo: Listos para aprender/I Am Your Child: Ready to Learn.** Presentado por Jamie Lee Curtis and Levar Burton. Cuando tiene con su bebé una relación de amor, plática, canto o lectura, estará teniendo un acercamiento emocional y desarrollo del lenguaje, también le estará preparando para cuando llegue la hora de ir a la escuela. Este video proporciona información que le ayudará para: Aprender la importancia que tiene la comunicación con el recién nacido, la rutina estable de la lectura, las actividades que les despertarán el interés del aprendizaje, la calidad del cuidado del niño y también incorporándolo a las actividades diarias del conocimiento. Disponible en inglés y español.

**Soy Tu Hijo: Su Bebé Saludable/I Am Your Child: Your Healthy Baby.** Para darle u un niño la oportunidad de comenzar su vida saludable, los padres y las personas dedicadas a cuidar niños necesitan la información más actualizada con relación a la salud y la nutrición infantil. En este vídeo, Cristina Saralegui nos entrega un consejo experto sobre que pueden hacer los padres para ayudar a sus hijos a establecer hábitos saludables, con información sobre: Como mantener una buena salud durante el embarazo; Alimentación por biberón vs. Alimentación materna; cuando usted y su hijo deben visitar al medico; que alimentos dar a su hijo y cuando; La importancia del ejercicio.